



LUNCH

OCTOBER 2015

Shrewsbury Middle School

Monday	Tuesday	Wednesday	Thursday	Friday
			10/1 * Papa Gino Pizza Chef's Choice Baked Sweet Potato Fries Steamed Carrots Tossed Salad Peaches	10/2 *Mozzarella Sticks/Marinara Sauce Assorted Sandwiches / Baked Chips Macaroni Salad Green Beans Pears
5 Chicken Nuggets *Grill Cheese /Soup Rice Pilaf Corn WG Roll Raisins	6 *Domino Pizza Turkey Bacon, Cheese ,and Avocado Wrap Steamed Broccoli Carrots Sticks and Dip Baked Fries Fresh Apples	7 Popcorn Chicken Chicken Caesar Salad Bowl/Garlic Knot Mashed Potato Corn Rolls Cranberry Sauce Pears	8 * Papa Gino Pizza Chef's Choice Baked Spiral Fries Oven Roast Green Beans Cherry Basil Tomato Salad Strawberries	9 No School Professional Day
12 No School Columbus Day	13 *Domino Pizza Meat Ball Sub Baked Fries Green Beans Tossed Salad Pears Chocolate Chip Cookie	14 Taco Salad Bowl (Chicken or Beef) Assorted Sandwiches /Soup Celery Sticks and Hummus Warm Corn Bread Apple Sauce	15 * Papa Gino Pizza Chef's Choice Baked Spiral Fries Oven Roast Cauliflower Cherry Tomato Basil Salad Peaches 100% Frozen Juice Bar	16 *Pasta with Meat or Marinara Sauce Deli Buffalo Chicken on a Pretzel Roll and Baked Chips Steamed Carrots Caesar Salad Garlic Knot Roll
19 Burger Bar Crispy Chicken Wrap Baked Fries Carrot Sticks and Ranch Steamed Broccoli Strawberries	20 *Domino Pizza Hot Dog Baked Beans Green Beans Baked Fries Craisins	21 Popcorn Chicken Turkey BLT Croissant Oven Roast Parmesan Ranch Potatoes Corn WG Roll Mixed Fruit	22 * Papa Gino Pizza Chef's Choice Baked Fries Steamed Carrots Tossed Salad Peaches	23 Chicken Nuggets Assorted Sandwiches /Soup Mashed Potato Corn Hummus and Syrian Bread Pears

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26 *Baked Macaroni and Cheese Burger Baked Fries Steamed Broccoli Red Grapes 100% Frozen Juice Bar	27 *Domino Pizza Chicken Caesar Salad Bowl/Garlic Knot Baked Fries/ Celery Sticks and Dip Apple Chocolate Chip Cookie	28 Popcorn Chicken Ham & Cheese Croissant Melt and Baked Chips Mashed Potato / Corn WG Roll Mixed Fruit	29 * Papa Gino Pizza Chef's Choice Baked Sweet Potato Fries Steamed Carrots Tossed Salad Peaches	30 *Spooky Mozzarella Sticks/Blood Sauce(Marinara) Assorted Sandwiches / Soup Macaroni Salad/ Green Beans/Pears Dirt Pudding <i>Happy Halloween</i>
Lunch \$3.50 Reduced Lunch\$.40 Milk/Bottled Water/Juice \$.65 Cookie \$.65 Snacks \$1.00 Check - <u>What's on the Menu</u> for monthly promos		Please call the Cafeteria Manager at your child's school if you have questions about food ingredients or allergens.		All Lunches include Milk, Juice and Fruit and Vegetable Bar

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